



GLUTEN FREE MENU



STARTERS AND SALADS

CHANG'S CHICKEN IN SOOTHING LETTUCE WRAPS

Quickly cooked spiced chicken served with cool lettuce cups and gluten free sauce 8

ORIENTAL CHICKEN SALAD

Garden vegetables and mixed greens tossed with our light ginger vinaigrette. Without wonton strips 9



NOODLES

SINGAPORE STREET NOODLES

Shrimp, chicken and rice noodles stir-fried in gluten free sauce 9.5



COCKTAILS

ASK YOUR SERVER FOR GLUTEN FREE COCKTAIL RECOMMENDATIONS



ENTRÉES

SHRIMP WITH LOBSTER SAUCE

Garlic white wine sauce with Chinese black beans, mushrooms, scallions and egg
Lunch 8 Dinner 12

MOO GOO GAI PAN

P.F. Chang's version of the classic Cantonese dish with chicken and shrimp 12

GINGER CHICKEN WITH BROCCOLI

Served Cantonese-style on a bed of fresh steamed broccoli with gluten free sauce (Steamed) 11.5

PHILIP'S BETTER LEMON CHICKEN

Quick-fired with broccoli in a tart citrus sauce 11.5

火 CHANG'S SPICY CHICKEN

Lightly dusted and stir-fried in a sweet Sichuan sauce. Our version of General Chu's 12

CHANG'S LEMON SCALLOPS

Tossed in a light lemon sauce 14

WILD ALASKAN SOCKEYE SALMON STEAMED WITH GINGER*

Served over stir-fried shiitake mushrooms, bok choy, tomatoes and asparagus. With wheat free soy sauce 17

CANTONESE SHRIMP OR SCALLOPS

Stir-fried with garlic and snow peas 14



VEGETARIAN PLATES AND SIDES

素 SPINACH STIR-FRIED WITH GARLIC

The name says it all 5

素 BUDDHA'S FEAST

Mixed vegetables (Steamed) 7.5

素 GARLIC SNAP PEAS

Stir-fried with garlic 5

素 SHANGHAI CUCUMBERS

Sliced cold cucumbers sprinkled with wheat free soy sauce and sesame seeds 5



DESSERT

FLOURLESS CHOCOLATE DOME

Served with fresh berries and raspberry sauce 6

火 Spicy 素 Vegetarian

Notes About This Menu

These menu items are either gluten free as prepared, or are modified to be gluten free.

P.F. Chang's Gluten Free Sauce contains garlic, ginger, rice wine, chicken stock, Sichuan powder, salt, sugar and wheat free soy sauce.

The marinades for chicken, shrimp, scallops and calamari are gluten free and contain cornstarch.

The soy sauce on the table is not gluten free. Please ask your server for our gluten free soy sauce.

Products containing gluten are prepared in our kitchens.

*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.